



C & B Newsletter

Volume 27, Issue 27

March 2015

Customer Recognition

Rob Carlisle
President

Your professionalism and hard work have impressed our customers again! Jim Beineke, from Ohio Marine Launch Club called to thank the crews of the James H and the Enterprise for the excellent work they did with his dock barge. He said that both crews were very professional and worked well with his people to get their barge out. He was very impressed with both our crews and our work.

The Kirby Maintenance department also wanted to thank the crew of the Enterprise and David Westrich for responding to their need for assistance. The City of Louisville pushed in above Silver Grove. David received the part for Kirby and the crew on the Enterprise (Ed, John, Damen, Shawn, David, and Raymond) all stepped up to load heavy parts and transfer these parts to the City of Louisville.

I am very proud of our team and the coordination between departments. We will continue to earn the appreciation and business of our customers with your continued excellent performance. Thanks to everyone!

2015 Flood

As everyone knows, we had a very trying month of weather in March. The river crested at nearly 57 feet with currents reaching over 5 mph. Here are a few pics from across the fleet:



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Operations

Referrals & Our Growing Fleet

Chad Bray
COO

We continue to look for referrals and quality employees. The best way we can recruit talented people is by word-of-mouth. Beginning this month, we will start rewarding those who give a quality referral with a \$50 credit for the company store at <http://www.companycasuals.com/carlislebray/start.js>. Please have any employee who you refer fill out your name on the application. Thanks for being our biggest asset, please call the office for any details. Our 2nd new harbor class boat is coming along from Marine Builders. The main deck and 2nd deck have been placed on the hull and significant other piping and boat systems have been completed or started. Not only will this boat add to our safety, customer service, and production, but it will also improve our ever growing fleet of boats. It is our hope that this boat will be out working our fleets sometime around the end of June. We will add pictures and details as the progress continues. We greatly value everyone's opinion and anyone that has ideas for this boat or any of our operations please fill out a form on the website, call the office, or send an email to chad@carlislebray.com.

Safety Department

Crew Endurance – Sleep

Gordon Putzke
Safety & Compliance Manager

More than any other element of crew endurance is your sleeping habits. Why is sleep so important? What happens when you do not get enough? We sleep to restore brain chemicals and rest the body. The brain organizes and stores memories during sleep. Lack of sleep can affect our daytime functioning, hormonal balance, appetite, and immune system. We have internal clocks ("Circadian Rhythm") that tell us when we need to sleep; they cause us to feel alert when the sun is up and drowsy when it's down. We are sleepest between midnight and 6 a.m. and between 1 and 3 p.m. Sleep plays a vital role in good health and well-being throughout your life. Getting enough quality sleep at the right times can help protect your mental health, physical health, quality of life, and safety. The way you feel while you're awake depends in part on what happens while you're sleeping. During sleep, your body is working to support healthy brain function and maintain your physical health. The...

...damage from sleep deficiency can occur in an instant (such as a car crash), or it can harm you over time. Ongoing sleep deficiency can raise your risk for some chronic health problems. It also can affect how well you think, react, work, learn, and get along with others. New research is showing that proper sleep is probably the most important health and safety items that you can take care of on a daily basis. It is one of the most important keys to your long-term health, as well as your day-to-day ability to handle stress, make good decisions at working, and in helping to maintain very high levels of situational awareness. Do you get enough sleep? If not, why? Ask yourself these questions and understand the importance of good sleeping habits and how it can affect your safety.

Operations

USCG Medical Certificates

Ed Eichhorn
Senior Captain

As of 1/24/14, the USCG began issuing medical certificates to each qualified mariner when processing an application that requires a medical evaluation such as issuing an original, raise-in-grade or renewal Merchant Mariner Credential (MMC). Once issued, mariners are required to carry a valid medical certificate in order to sail under the authority of their MMC. Once you receive your medical certificate you should sign it with blue or black ink, fold it in half and place it in the plastic sleeve in the back of your MMC. It is very important that your medical certificate not be taped, laminated, peeled, or detached. After 3/24/19, a person that is required to hold a MMC, may not be employed unless they hold a current medical certificate. Your medical certificate may be issued for a maximum of 5 years; however if you do not meet the applicable medical standards, but objective medical evidence indicates that the condition is sufficiently controlled, you may be issued a medical waiver. Medical waivers may be granted with specific conditions to which the applicant must adhere, such as more frequent monitoring of the medical conditions, submission of medical exams and/or tests at varying intervals to track the ongoing status of the medical condition, or operational limitations in the manner the mariner may serve under the MMC. In addition to a valid medical certificate, the waiver letter must be carried with you when you sail under the authority of you MMC. As a result of the waiver, your certificate may also carry a limited expiration date of 1 or 2 years. Your MMC will still be issued for a period of 5 years regardless of how many years your medical certificate is issued for. I have had several people asking me about...



...the medical certificates and hope this helps to answer those questions. We will also be talking more about the medical certificates in the Captain and Supervisor Meetings this year. The USCG is bringing an end to the overweight Captain that smokes four packs of cigarettes a day. I don't eat as healthy or exercise like I should, but I want to retire when I feel the time is right and not when the USCG tells me that I'm not fit to run a boat anymore. We all have to make our own choices, personally I need to make some changes.

Operations

Weather, B&B, Marathon, Maintenance & Spring

Ed Lapikas

General Manager

The month of March proved to be a challenging month for us. It started with large snow falls and ended in flooding, causing dangerous conditions for our boats and crews. It is during these times that tension is highest, and our dedication to safety and teamwork is most essential. We are proud to say that our team worked diligently and professionally to ensure there were no incidents during that difficult time. We are part of an extended river community and we look out for other river family members in need. We can all be proud that we were able to assist B&B Riverboats last week when their dock began to break away from its mooring in Covington. Teamwork is not only about C&B, it extends to all of our community during times of crisis.

Marathon conducted an inspection of the Discovery, and we received excellent ratings. We scored high in professionalism and record keeping, as well as the maintenance of the boat. Going forward, we need work to keep up the same standard of excellence. We have extensive maintenance schedules in place to ensure that we're maintaining our vessels and equipment to assure optimal quality. It's up to all crew to adhere to these schedules, and bring up any concerns to management immediately. As warm weather approaches, we will begin our routine maintenance, which includes painting. This year we will be using a new nonskid paint for all decks, as well as experimenting with a new urethane paint for the exterior of all vessels. There will be special prepping and training that will go along with these new products. Thanks everyone for your continued dedication!

Service Department

Supply & Filter Ordering

Dave Westrich

Service Coordinator

Our supply and filter ordering process has greatly improved over the past few months. I have noticed on the requisition forms that throughout the fleet our crews are taking their time to go through inventory to order items that are needed for a two week supply. We are starting the process of putting the supply and filter orders through our new system called Sinnex. This new system will allow us to track every purchase and help to keep an accurate inventory of the items at each location which will help to ensure that everyone will have what they need. With everyone's help we can simplify the process. I would also like to remind everyone to follow up with an email to Ed, Danny and myself to confirm when supplies are delivered and that you received everything that was requested. We want to ensure that you get the supplies that are needed to do the job. I would like to thank everyone for the continuous improvement and for making C&B the great team that it is!

Accounting Department

Employee Corner – LiveHealth

Emma Obertate

Assistant Controller

For more detailed information on LiveHealth Online please call or email the office. We will send you a flyer for device/mobile app setup instructions and FAQ.

The flyer is divided into two sections. The top section is for 'LiveHealth Online' and features a blue background with white text. It says 'See a doctor from your computer or mobile device – today!*' and 'Two-way video. Real-time help. Little to no waiting.' Below this is the website 'livehealthonline.com' and logos for the App Store and Google Play. It also states '24 hours a day, 365 days a year' and 'Anthem BlueCross BlueShield LiveHealth ONLINE'. A small note at the bottom says '*As always, you should call 911 with any emergency.' The bottom section is for '24/7 NurseLine' and has a green background with white text. It displays the phone number '888-279-5378' and the phrase 'Always here for you.' It also includes the Anthem BlueCross BlueShield logo and a small disclaimer at the bottom: 'Independent licensees of the Blue Cross and Blue Shield Association. Registered marks of the Blue Cross and Blue Shield Association. ©2019/04/05 9/11'.

Quote of the Month

“It is not the ship so much as the skillful sailing that assures the prosperous voyage.”

George William Curtis

Silver Grove by Mike McNelly, Winner of the March 2015 Photo Contest



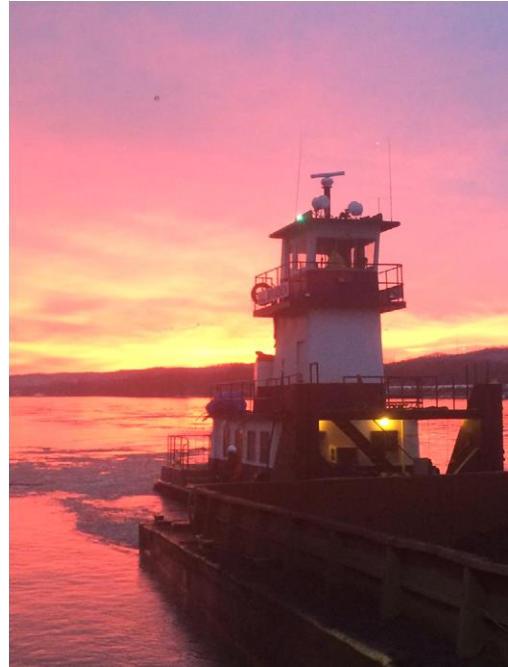
Will Brooks using Fall Arrest System



Ghent, Jordan Smitha



JL Braden, Matt Chase



Big Bend Eagle, Brian Mullins



Stuart, Mike Crawford





CALENDAR OF EVENTS

BIRTHDAYS

Full Name	Birthday
Arnold, Chad	12-Apr
Gillespie, Marcus	15-Apr
Hall, Channing L	15-Apr
Keller, Chad	3-Apr
Madaris, Damen	17-Apr
Schabell, Gregory	3-Apr
Schottelkotte, Victoria	27-Apr
Smith, Noah A	17-Apr
Smitha, Jordan L	3-Apr
Snow, Corey R	9-Apr
Supple, David	26-Apr

ANNIVERSARIES

Full Name	Hire Date
Boyer, John	4/15/2014
Chasteen, Gregory	4/23/2014
D'Andrea, Martha	4/21/2014
Druin, Matthew	4/2/2012
Groves, Rocky	4/1/2003
Guenthner, Matt	4/13/2014
Heath, Gary	4/12/2014
Hooks, Carlos	4/20/2004
Kerns, Dorman	4/15/2014
McNeely, Micheal	4/15/2014
Obertate, Emma	4/9/2012
Young, Jeffrey	4/8/2014

BRENNA JACE ELIZABETH MCSWAIN BORN 03/12/15



Questions and Answers

We are asking that if you have any questions or would like clarification on something that you send us your questions and we will address them in this section. We look forward to hearing from everyone.

Q: How can I suggest an improvement?

A: Everyone is encouraged to make suggestions on how we can improve our operations and equipment. If you have a recommendation, then please contact the Safety Department, or your Supervisor or other Management.

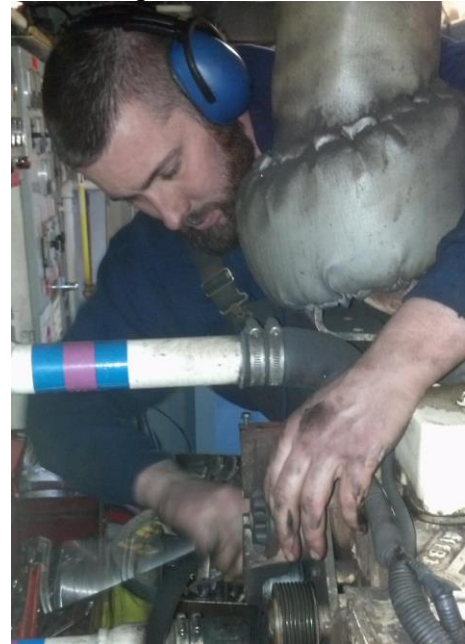
Q: Can I be trained as a deckhand and loader operator?

A: Yes! Contact your Manager or the General Managers, Ed Lapikas and Buddy Begnoche.

ANNOUNCEMENTS

During March we started updating our safety training and awareness facilities by opening up Hebron as a new place to train in an office setting. This will include a room and updated A/V methods.

Tim Swan is the newest member of the C&B Service Department and a great asset to the C&B team!



2015 Supervisor Meetings began this month and will continue for the next several months.

